



START LIST

Road Mile Men

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World Record WR	3:51.30	Elliot GILES	GBR 30	Düsseldorf (GER)	1 Sep 2024
World Leading WL	3:52.83	Marco LANGON	USA 22	Düsseldorf (GER)	6 Sep 2026

19 September 2026 10:30 START TIME

ORDER	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	105	Pol MOYA	AND 9 Dec 96	4:23.70	
2	114	Oliver HOARE	AUS 29 Jan 97	3:59.44	
3	119	Jude THOMAS	AUS 17 Mar 02	3:54.12	3:54.12
4	137	Ruben VERHEYDEN	BEL 22 Dec 00	4:04.90	4:04.90
5	145	Guilherme KURTZ	BRA 27 Aug 94	4:00.43	
6	146	Andre Carlos SOUSA SALES	BRA 21 Apr 98	3:59.06	
7	147	Ivan ANDREEV	BUL 29 Jul 01		
8	148	Martin BALABANOV	BUL 27 Apr 02		
9	154	Max DAVIES	CAN 19 Dec 03		
10	159	Foster MALLECK	CAN 12 Aug 01	4:07.01	4:07.01
11	168	Nino JAMBREŠIĆ	CRO 14 Jun 04		
12	169	Gustav BENDSEN	DEN 29 Mar 03		
13	172	Christoffer Frost JOHANSEN	DEN 14 Jan 97	4:06.54	
14	181	Fitsum ABRHAM	ERI 1 Jan 05		
15	190	Martín SEGUROLA	ESP 1 Jul 03		
16	191	Rasmus KISEL	EST 21 Jul 96		
17	193	Sten ÜTSMÜTS	EST 20 Jul 94	4:24.67	4:24.67
18	201	Santtu HEIKKINEN	FIN 12 Jun 02	4:01.35	
19	207	Romain MORNET	FRA 8 Nov 97	3:59.40	
20	208	Flavien SZOT	FRA 6 Sep 01	3:58.60	
21	210	Archie DAVIS	GBR 16 Oct 98	4:09.60	
22	211	Jake HEYWARD	GBR 26 Apr 99		
23	219	Robert FARKEN	GER 20 Sep 97		
24	221	Georgios MATZARIDIS	GRE 31 Mar 02		
25	225	István SZÖGI	HUN 12 Sep 95	4:06.00	4:06.00
26	226	Andrew COSCORAN	IRL 18 Jun 96		
27	227	Cathal DOYLE	IRL 12 Nov 97	3:55.33	3:55.33
28	233	Pietro ARESE	ITA 8 Oct 99		
29	240	HONDA Ojiro	JPN 6 Apr 07	4:00.20	4:00.20
30	242	NAKANO Tomoki	JPN 16 Oct 02		
31	252	Brian KOMEN	KEN 10 Aug 98		
32	254	Kyumbe MUNGUTI	KEN 28 Feb 95	4:00.67	
33	257	Nikita BOGDANOV	LAT 2 Dec 02	4:10.20	4:10.20
34	258	Roberts Aleksis GLAZERS	LAT 26 Nov 04	4:10.00	4:10.00
35	264	Fidelio KLEIN	LUX 3 Jan 96	4:10.60	4:10.60
36	265	Ruben QUERINJEAN	LUX 22 Dec 01	4:02.30	4:02.30
37	272	Anass ESSAYI	MAR 18 May 01	4:02.60	4:02.60
38	273	Fouad MESSAOUDI	MAR 7 Jan 01		
39	275	Ryan ADAMS	MEX 25 Jul 96		
40	276	Abraham ALVARADO	MEX 4 Aug 95	4:00.40	4:07.38
41	286	Stefan NILLESSEN	NED 2 Jan 03		
42	290	Moa Abounnachat BOLLERØD	NOR 2 Nov 01		
43	292	Andreas FJELD HALVORSEN	NOR 14 Sep 05		
44	305	Samuel TANNER	NZL 24 Aug 00	4:02.91	
45	316	Carlos Alberto VILCHES	PUR 29 Oct 01	4:11.00	
46	321	Dumisani MOTLOUNG	RSA 7 Mar 05	4:12.74	
47	324	Tshepo TSHITE	RSA 15 Jan 97	4:03.26	
48	329	Oliver LIM TZE RONG	SGP 7 Feb 00		



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49	330	Jacob TAN	SGP	12 Apr 05		
50	335	Rok MARKELJ	SLO	14 Apr 00		
51	336	Žan RUDOLF	SLO	9 May 93	4:11.60	
52	351	Silas CHEMUTAI	UGA	12 Jun 04		
53	354	Hosea KIPROP	UGA	10 Dec 05		
54	358	Dmytrii NIKOLAICHUK	UKR	20 Mar 92	4:01.93	4:01.93
55	359	Mauro DELGUE	URU	5 Jan 03		
56	360	Jairo MOREIRA	URU	7 Mar 95	4:23.40	
57	363	Vincent CIATTEI	USA	21 Jan 95	3:54.55	3:54.62
58	369	Yared NUGUSE	USA	1 Jun 99	3:51.90	3:54.06

ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2026
3:51.30	Elliot GILES (GBR)	Düsseldorf (GER)	1 Sep 24	3:52.83	Marco LANGON (USA)	Düsseldorf (GER)	6 Sep
3:51.90	Yared NUGUSE (USA)	Düsseldorf (GER)	1 Sep 24	3:53.83	Adam SPENCER (AUS)	Düsseldorf (GER)	6 Sep
3:52.45	Emmanuel WANYONYI (KEN)	Herzogenaurach (GER)	26 Apr 25	3:54.06	Yared NUGUSE (USA)	Des Moines, IA (USA)	21 Apr
3:52.83	Marco LANGON (USA)	Düsseldorf (GER)	6 Sep 26	3:54.12	Jude THOMAS (AUS)	Düsseldorf (GER)	6 Sep
3:53.30	Edward CHESEREK (KEN)	Honolulu, HI (USA)	7 Dec 19	3:54.62	Vincent CIATTEI (USA)	Des Moines, IA (USA)	21 Apr
3:53.80	John WALKER (NZL)	Whanganui (NZL)	18 Dec 82	3:54.73	Samuel PRAKEL (USA)	Düsseldorf (GER)	6 Sep
3:53.83	Adam SPENCER (AUS)	Düsseldorf (GER)	6 Sep 26	3:55.29	Andrew HUNTER (USA)	Des Moines, IA (USA)	21 Apr
3:54.12	Jude THOMAS (AUS)	Düsseldorf (GER)	6 Sep 26	3:55.33	Cathal DOYLE (IRL)	Düsseldorf (GER)	6 Sep
3:54.34	Hobbs KESSLER (USA)	Herzogenaurach (GER)	26 Apr 25	3:55.56	Jack ANSTEY (AUS)	Düsseldorf (GER)	6 Sep
3:54.50	Nico YOUNG (USA)	Herzogenaurach (GER)	26 Apr 25	3:55.77	Davis BOVE (USA)	Düsseldorf (GER)	6 Sep